

# ODYSSEY MEDISPA

## MOLE MAPPING NEWSLETTER

### FotoFinder Mole Mapping

#### *Safe and Effective Skin Cancer Prevention Tool*

**FotoFinder is a computerized mole mapping system** which allows your physician to create an accurate set of photos of your moles. The high resolution camera is connected to a computer and transfers all photos immediately to the doctor's database and patient files. Your doctor is therefore able to compare your moles with photos from your initial visit and immediately find new or changed moles on your body. Since physicians see thousands of moles a year, FotoFinder makes it easier for your physicians to treat suspicious moles.

**If any of the following questions apply to you, have your moles checked by your physician:**

- Do you have multiple moles (more than 25-50)?
- Is there a history of skin cancer in your family?
- Have you been treated for Melanoma?
- Do you have large moles (diameter more than 2 inches)?
- Have you noticed any changes in your moles?
- Have you noticed any new moles on your body?
- Did you have sunburns during childhood or adolescence?
- Do you have very light skin?

**Skin cancer is one of the most common cancers world wide.** Melanoma ("black skin cancer") is one of the most dangerous cancer types and leads to thousands of deaths per year. Early detection of skin cancer is the best way to cure and survive. A melanoma starts as a small spot on your skin, grows over the course of time. Eventually spreads the cancer cells to other organs in your body. If it is detected early, by your physician, it can be excised before it starts spreading. The cure rate may be over 95%. The key to skin cancer prevention is to detect new moles and changes in existing moles early. Most skin cancers are caused by too much exposure to ultraviolet (UV) rays. Much of this exposure comes from the sun, but some may come from man-made sources, such as indoor tanning lamps.

**The ABCDE rule helps you to recognize suspicious moles.** Use a mirror and your eyes to check your moles.

- A for Asymmetry
- B for irregular, blurred or jagged Borders
- C for Color variation
- D for Diameter larger than ¼ inch
- E for Elevation especially when uneven

Moles which show one or more of the signs below have to be treated with utmost attention and should be observed by a physician. Make an appointment with Marcia J. Glenn, Board Certified Dermatologist at (310) 821-7658 or your physician.

### Patient Testimonials

- Great feature
- Excellent but lengthy
- No doubt about the greatness of machine
- Great follow up by Dr. Glenn

*Esther M.*

- Trust Mole Mapping with Dr. Glenn's vision
- Very pleased with results & Dr. Glenn's care
- Able to detect some changes in moles that required further attention

*Mike C.*

- Very useful
- Other doctors perform un-targeted surgeries or miss things, but this technology prevents errors

*Stephen F.*

- Non-negotiable wellness preventive procedure because of family history of melanoma
- No substitute for the human eye, but gives long term record for progress report

*Kimberly F.*

- Incredible diagnostic tool
- It would be extremely difficult to review so many moles by sight only
- Peace of mind knowing that all size moles are being looked at, not just surface.
- Doctor can do comparisons
- Painless
- Necessary because no sunscreen was used as a kid
- Have found and removed bad moles

*Peggy E.*

- Reasonable price for the assurance of peace of mind. I feel safe that changes in moles or new moles will not be missed
- Can see progression of moles

*Anonymous*